

## Behavioral Data Tracking

Member Name: \_\_\_\_\_

Behavior: \_\_\_\_\_

**Directions:** Tally the frequency of behavior exhibited in that hour. Record staff initials in the corresponding hour/date. Place an (X) in the hour if the target behavior was not exhibited to verify that the individual was observed and data were collected. Place an “S” in the hour if the individual appears to be sleeping. Record noteworthy variables on the following page and reference the examples provided.

Hour/Date														
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0100														
0200														
0300														
0400														
0500														
0600														
0700														
0800														
0900														
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## Noteworthy Variables

**Examples can include, but are not limited to, the following variables:** medical condition (UTI, the flu, situational pain), life event (loss of a loved one/anniversary of a loss), environmental stimuli (new roommate(s), new environment, sensory- loud, situation noise- i.e construction).

Consider, "What was going on at the time of the behavior?"

**Directions: If a noteworthy variable exists, record below, indicating the date of the variable and any corresponding comments that are worthy to mention. This section can be in narrative format and should be recorded each month. If no noteworthy variables existed, please indicate this by stating, "No noteworthy variables."**

**Staff Signature** \_\_\_\_\_ **Date** \_\_\_\_\_